Media Release

"Having flexibility on both sides is really important and I am of course happy to switch my non-working days if I am needed by the client or to work on a client project," says John Sandford, a Senior Quantity Surveyor at Gleeds. "It's not a problem and the client always comes first."

John has been able to identify a work / life balance that is proving productive for not only himself but also his clients, because of Gleeds' flexible working policy, which recognises that employees are juggling unique commitments both inside and outside of work.

With 88% of employees worldwide seeking choice in their working start and finish times[1], we know that work has to fit in with life, and not the other way round. Some of our colleagues have shared how Gleeds supports their very individual work life balance.

The mental and physical benefits of sport.

Football is a huge part of Callum Davies' life. As an ex-professional who suffered an injury, now playing semi-pro captaining Folkestone Invicta FC, finding a job with a flexible, understanding employer was key.

"After a year out of competitive football for Gillingham FC, I struggled both mentally and physically. I have been extremely disciplined my whole life with intensive training and structure to my day and to suddenly be faced with such a long injury proved very difficult."

Working for Gleeds as a Quantity Surveyor, Callum has found the right balance that works for him. Whilst working his contractual hours, Callum finds flexibility around taking time off for training sessions and away games beneficial both personally and professionally.

"I've demonstrated that I am a dedicated, hard worker and a team player. Sport also has a positive influence on both physical and mental health, finding a company that allows me to make the best of my two worlds is a benefit."

Continuous career development, in and out of work.

Creating a clear space between work and studying for a Masters in Real Estate has made the difference to Assistant Project Manager, Sophie, who is in her first year of a two-year MSc with Henley Business School.

"The Masters is a mix of a week at university and then two months or so to complete assignments. "I began by getting into work early to do university work and then continuing to study in the office after work, but I found I wasn't as productive. I talked it over with my manager and now when I have course work to do, I start work early and complete my working hours, then leave the office to study at home.

"Breaking up the day both mentally and physically is far more productive than sitting at my desk for longer hours."

Flexibility matters, in everything that we do at Gleeds. If you're looking for versatility, take a look at our current opportunities and get in touch for a chat.

#LifeAtGleeds

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[1] The Deloitte Millennial Survey

Notes for editors